

# Langley Parents as Partners in Learning Presents

## MY Tween and ME

— 8 Week Program for parents and children aged 7-12 —

With new challenges ahead, learn how to develop your relationship with your pre-teen to its greatest potential.

Get the tools to build strong and positive relationships with your tweens.

How can we open the lines of communication to discuss current issues like drugs, alcohol, and social media?

Build lasting connections with your tween that will help them to make safe, healthy choices now and during their teen years.

Build the confidence and skills to guide your children and help lessen their anxiety through their teenage years.

Find out how you can continue to encourage wise choices, values, and goals.



Parent only on the following Mondays, 7-9pm:  
January 16, 23, 30, and February 6

Parent and Tween on the following Thursdays, 7-9pm:  
January 19, 26, February 2, and 9

Richard Bulpitt Elementary, 20965 - 77A Avenue, Langley

\$50 per family

**--- You may qualify for reimbursement. Be sure to inquire! ---**

### My Tween and Me

Cost for this workshop series is \$50 for 2 participants (child and parent).  
Registration is limited!! Be sure to book early!!

To register and pay online please go to our website and follow the Workshop Registration link.

Alternately, if paying by cheque, please pre-register by email, then fill out the form below, and mail in with payment:

Name: \_\_\_\_\_ School: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Please make cheques payable to **Langley Parents as Partners in Learning**.  
Send to LPPL, c/o Langley SD#35, 4875-222nd Street, Langley, BC, V3A 3Z7.

As we are a not-for-profit organization there are no refunds for unattended workshops.



Thank you to the following organizations for their support:

